

save the time,
**ORDER
ONLINE!**

corfu salad



MENU



SALADS BY DESIGN

650-486-1520

thetossancarlos.com

1673 Laurel Street, San Carlos, Ca 94070



house-designed salads

corfu \$13.00

seasonal lettuce, sundried tomato, marinated artichokes, pickled red onions, garbanzos, kalamata olives, feta cheese, champagne vinaigrette

caesar \$10.25

chopped romaine & kale, sundried tomato, roasted garlic, rosemary croutons, caesar dressing

grove \$12.50

mixed greens, apples, dried cranberries, shaved fennel, candied walnuts, faro, blue cheese, balsamic vinaigrette

siesta \$13.25 🌶️ spicy

shredded kale, quinoa, black beans, chili-roasted hominy, jícama, tomato, spiced pepitas, avocado, citrus jalapeño dressing

geisha \$12.75

shredded cabbage, soba noodles, pickled ginger, carrots, radishes, edamame, oranges, wasabi peas, sesame miso dressing

cobb \$15.25

chopped romaine, tomato, avocado, pickled mushrooms, blue cheese, hard-boiled egg, smoked bacon, roasted chicken, green goddess dressing

baja cobb \$15.25

chopped romaine & mixed greens, roasted corn, tomato, black beans, pepper jack cheese, avocado, hard-boiled egg, smoked bacon, roasted chicken, tortilla strips, bbq ranch dressing

carlito \$15.00

seasonal lettuce, celery, tomato, hearts of palm, pepperoncini, mozzarella, sopressata salami, creamy italian dressing

waldorf chicken \$15.00

seasonal lettuce, apples, grapes, celery, golden raisins, walnuts, mandarin oranges, roasted chicken, poppy seed dressing

zesty \$13.75 🌶️ spicy

seasonal lettuce, cabbage, mango, roasted corn, red bell pepper, pumpkin seeds, feta cheese, avocado, zesty chipotle dressing

athens greek \$12.50

romaine, red bell peppers, tomato, cucumbers, red onions, kalamata olives, feta cheese, champagne vinaigrette

samurai \$12.75

mixed greens, red cabbage, soba noodles, carrots, radishes, edamame, oranges, slivered almonds, sesame miso dressing

spicy beef \$16.00 🌶️ spicy

seasonal lettuce, cabbage, red bell peppers, tomato, spicy peanut crumble, avocado, green onions, cilantro, skirt steak, spicy vietnamese dressing

chef \$15.00

chopped romaine, tomato, garbanzos, carrots, cucumbers, swiss cheese, hard-boiled egg, maple ham, roasted chicken, thousand island dressing

mayan chicken \$15.00

chopped romaine, mangoes, roasted pineapple, carrots, pickled onions, jícama, goat cheese, sliced almonds, achiote roasted chicken, cilantro lime dressing

design your own

choose your greens, pick up to 5 toss-in's, add protein if desired, plus your choice of dressing. Available in-house only. No phone orders, please.

protein toss-ins (can be added to any salad)

free-range, antibiotic & hormone free

roasted chicken	\$3.25	roasted salmon	\$6.25
roasted angus skirt steak	\$5.75	roasted shrimp	\$5.75
applewood smoked bacon	\$2.50	spanish white anchovies	\$2.00
maple ham	\$2.50	marinated tofu	\$2.75
sopressata salami	\$3.25	hard-boiled egg	\$1.20

house-made dressings

champagne vinaigrette	poppy seed
creamy italian	cilantro lime vinaigrette
sesame miso	white balsamic vinaigrette
caesar	thousand island
pomegranate vinaigrette	bbq ranch
balsamic vinaigrette	spicy chipotle
buttermilk ranch	spicy vietnamese
green goddess	honey-mustard
citrus jalapeño	



focaccia panini sandwiches

sandwiches grilled between slices of toss-made rosemary focaccia, served with a mixed green side salad with vinaigrette

pesto chicken \$13.50

roasted sliced chicken breast, fresh mozzarella, tomato, arugula, toss-made walnut-basil pesto

salami \$13.50

sopressata salami, pepperoncini, fresh mozzarella, red onions, arugula, toss-made herb aioli

caprese \$13.25

sliced tomato, fresh mozzarella, kalamata olives, arugula, toss-made walnut-basil pesto, balsamic drizzle

bbq chicken \$13.50

shredded bbq chicken, smoked bacon, southwestern coleslaw

(continued on back)

The Toss prepares eggs, milk, soybeans, wheat, peanuts, tree nuts, and fish in-house. Our operations involve shared cooking and preparation areas and the possibility exists for food items to come in contact with other food products. We are unable to guarantee that any menu item can be completely free of allergens.



coyote bowl

warm bowls

coyote

\$13.95

toss-made turkey chorizo, romaine lettuce, cilantro-lime brown rice, black beans, corn pico de gallo, avocado, paprika crema & cilantro lime vinaigrette

basic

\$10.25

mixed grains, walnut basil tossed cabbage, steamed seasonal vegetables, choice of roasted sliced chicken (+\$3.75), roasted marinated tofu (+\$3.50), or roasted salmon (+\$4.75), walnut basil pesto

harvest

\$12.50

mixed grains, red cabbage, roasted bell peppers, onions, zucchini, yellow squash, carrots, choice of vegetarian, choice of roasted sliced chicken (+\$3.75), roasted marinated tofu (+\$3.50), or roasted salmon (+\$4.75), walnut basil pesto

chicken tinga bowl

\$14.00

chopped romaine, cilantro-lime rice, shredded braised chicken, chopped tomato, sliced avocado, crispy jalapenos, feta cheese, creamy avocado salsa & paprika crema

phuket shrimp spicy

\$15.25

cauliflower rice, bell peppers, cucumbers, red cabbage, red onions, mangoes, spicy peanut crumble, sautéed spicy shrimp, thai-peanut dressing & cilantro-lime drizzle



hearty chicken soup

house-made soups (selection varies daily)

cup (8 oz)	\$4.00
bowl (12 oz)	\$6.00
quart (32 oz)	\$12.00

house-baked goodies

rosemary focaccia	\$0.55	cranberry oatmeal cookie	\$2.50
chocolate chunk cookie	\$2.50	baker's special flavor(s)	\$2.50 ea

non-alcoholic beverages

spindrift seltzers
 coke & diet coke
 humm kombuchas
 joe's tea & lemonade

beer & wine

selections available for dine-in



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